

□ □ □ □ □

Write a comment

□ Comment

□ Like

Ego Says: "They betrayed me"
Highest Self: They revealed themselves



Ego Says: "I can't trust anyone"
Highest Self: The person you're struggling
to trust is yourself



Ego Says: "Life is unfair"
Highest Self: Life gives me exactly what I
need to grow + evolve



Ego Says: "I made the wrong decision"
Highest Self: There was something I needed
to learn here